

Steve McGrath



E-Colors:
Blue/Yellow

Current position:
Coach

When I joined Equilibria:
May 15 2011

Why I joined Equilibria:

With a background in group facilitation and a natural love of relating to others, Equilibria has me excited about the opportunity to do what I love most: Help make the world a better place through working with people. I had been looking to be a part of something like Equilibria for a long time. Good communication and helping people grow has always been very important to me.

My Professional Background

After graduating University in 1991 I spent 9 seasons as a canoe/river guide on the Nahanni River in Canada's Northwest Territories. Off season was spent guiding internationally in France, Nepal and Tibet. Leading groups in wild, natural places of the world enabled me to interact with people on an intensely human level. My leadership philosophy developed from these experiences.

My move into oil and gas began in the early 90's when a guiding friend asked me to work as a medic on a seismic crew. Working outside and with people, led to me to return each year. I found many interesting roles for myself in the seismic industry after 20 years; Trainer, medic, operations, supervisor, project management, rope team leader, mentor and field client representative. With my experience managing risk as a guide I found a home in Health, Safety and Environment. I have been fortunate to learn from a multitude of contractors and clients both in Canada and abroad.

My educational background:

Originally from Toronto Ontario, I moved to Calgary, Alberta to attend the University of Calgary and graduated with a Bachelor of Physical Education in Outdoor Pursuits.

I went into Physical Education because I wanted to work with healthy people and promote proactive health. I majored in Outdoor Pursuits to learn how to manage risk, be safe and thrive in challenging environments while having a lot of fun when doing it!

My family and general interests/hobbies:

I live in Calgary, Alberta, although I have some land in Kaslo BC and spend most of my time off working on it, hoping one day to build a home with a big garden and great mountain views.

Subscribing to the philosophy that family is whom you make it, I am forever surrounded by amazing people in all corners of the earth. My one elusive dream remains to find that special woman with a hope, that one day, to have a family.

I love to travel and spend as much time on the river as possible, although now it is more about being with great people than it is about paddling gnarly drops. Reading, Yoga, hiking, canoeing, kayaking and cross-country skiing are some of my favorite activities.



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