

Tim Matheson



Tim Matheson (Y/G)

Position: Senior Coach

Phone: +1 902 452 9988

Email: tim.matheson@equilibria.com

E-Colors:

Yellow/Green

Current position:

Senior Coach

When I joined Equilibria:

January 2007

Why I joined Equilibria:

I've always been interested in cause and effect, especially when it comes to people. Immediately I saw the benefits of empowering people with a better understanding of themselves and the people around them. I enjoy creating the right experiences to increase self awareness and, from that, self control. Actively creating and developing an understanding of one's sphere of influence and appreciating our ability to make choices, greatly increases people's ability to influence outcomes. The positive affect this has on the workplace and home environment satisfies my desire to help people and to experience safe and efficient operations. Equilibria provides me with the opportunity to continuously learn.

My professional background:

My career began in the oil and gas industry in 1985. I spent over 20 years with an international drilling contractor. Working offshore in Canada, the Gulf of Mexico, the North Sea and Southeast Asia provided me with a rich variety of vivid experiences. Starting in drilling operations, moving into the marine department and returning again to operations I was fortunate to obtain exposure to many aspects of the industry before moving into the office in Aberdeen, Scotland. With experience both onshore and offshore in rig construction, re-fit and production operations. I have enjoyed the time but my years on the drilling brake have always served to remind me how dependant we are on each other.

Moving to Total E&P UK PLC I completed a NEBOSH Certificate, worked in safety and moved into a position as Drill Site Manager (DSM).

My educational background:

Graduated with a Bachelor of Commerce and returned to University for Computer Science. Since then I have taken a wide variety of industry related courses both technical and interpersonal. From Well Control to Vessel Stability, to Managing Major Emergencies, to every manner of safety and lifesaving. I consider myself fortunate to have had the knowledge needed to make the right decisions at the right times.

My family and general interests/hobbies:

Married in 2002, Kim and I have two children Sarah (2003) and Jack (2006). We live in Bedford, Nova Scotia, Canada. Life is good and the changing seasons provide opportunities for a host of activities. We ski, swim and bike as a family.

